



Risk Assessment: Outside Run (Young Athletes within Victoria Park and surrounding area)

Date:	Assessed by:	Location :	Review :
24/3/2025	Julian Field	Victoria Park, Warrington and surrounds	As Required

What are the Hazards?	Who might be harmed and how?	What are you already doing?	Risk Rating	What else can you do to control this risk?	Resultant Risk Rating	Action by whom
Athlete gets lost/detached/goes missing from group	Participating athletes	<ul style="list-style-type: none">Athletes to be supervised by coaches and assistants on bikes, with a minimum of one person leading the group and one person at the back.Observation of group at all times.All athletes to wear hi-viz clothing and/or a reflective bib and/or torches when session is in non-daylight hours.Headcounts to be carried out at the start, end and intermediate points of the run.Mobile phones carried when outside the track area so that contact can be made quickly in the event of an incident.	M	<ul style="list-style-type: none">Encourage the practice among group of turning back and regrouping at regular intervals.Remind athletes to always stay on course and not deviate so that any potential search is easier.Remind athletes regularly of procedures above	L	Coach(es) Athletes
Risk of injury due to underfoot conditions	Participating athletes	<ul style="list-style-type: none">Athletes wearing torches.Athletes wearing appropriate footwear for route and weather conditions.Regular review of routes to consider underfoot and environmental conditions.	M	<ul style="list-style-type: none">First aid kit to be carried by competent user to further mitigate risks.Dynamic risk assessment during the activity by supervising coaches and assistants, and modification or stoppage of activity if necessary.	L	Coach(es) Athletes



Risk of injury due to traffic	Participating athletes, accompanying coaches and assistants	<ul style="list-style-type: none">• Favour routes which are traffic free or have minimal traffic on them	M	<ul style="list-style-type: none">• First aid kit to be carried by competent user to further mitigate risks.• Dynamic risk assessment during the activity by supervising coaches and assistants, and modification or stoppage of activity if necessary.	L	Coach(es)
Risk of injury due to bike incident/crash	Accompanying coaches and assistants	<ul style="list-style-type: none">• Accompanying coaches should be competent cyclists.• Accompanying coaches to wear appropriate safety equipment including helmets.• Bicycles used are in good working order and mechanically sound.	L	<ul style="list-style-type: none">• A minimum of two coaches/assistants to accompany group at all times in order that if there is an incident and one coach/assistant is involved, the second can supervise the group and summon help if necessary.	L	Coach(es)

NB Copy and paste rows as required