



## Warrington Athletics Club Club Records



Event	Athlete	Performance	Year
<b>Under 10 Boys</b>			
75m	Zimi Ogbechie	12.50	2026
150m			
400m	Luis Davidson	1:10.96	2026
Long Jump			
<b>Under 10 Girls</b>			
75m			
150m			
400m	Alice Astbury	1:23.94	2026
Long Jump			
<b>Under 12 Boys</b>			
60m (i)			
75m	Leonard Broadhurst	11.44	2026
100m			
150m	Leonard Broadhurst	23.45	2026
600m	Leonard Broadhurst	1:50.95	2026
60m H (i)			
75m Hurdles			
High Jump			
Long Jump			
Shot Putt			
Javelin			
<b>Under 12 Girls</b>			
60m (i)			
75m			
100m			
150m			
200m			
200m (i)			
600m	Ivy Davidson	1:48.87	2026
70m Hurdles			
High Jump			
High Jump (i)			
Long Jump	Isabel Kerr	3.48	2026
Long Jump (i)			
Shot Putt			
Shot (i)			
Javelin			
<b>Under 14 Boys</b>			
60m (i)			
100m	Clement Leung	13.69	2026
200m	Tristan Tickle	29.18	2026
200m (i)			
800m	Ethan Barrett	2:20.58	2026
800m (i)			

<b>1500m</b>			
<b>1500m St/Ch</b>			
<b>60m H (i)</b>			
<b>80m Hurdles</b>			
<b>High Jump</b>			
<b>High Jump (i)</b>			
<b>Long Jump</b>			
<b>Long Jump (i)</b>			
<b>Triple Jump</b>			
<b>Shot Putt</b>			
<b>Shot (i)</b>			
<b>Discus</b>			
<b>Javelin</b>			
<b>Hammer</b>			
<b>Pole Vault</b>			
<b>Pentathlon</b>			
<b>Under 14 Girls</b>			
<b>60m (i)</b>			
<b>100m</b>	<b>Rosie Carters</b>	<b>14.07</b>	<b>2026</b>
<b>200m</b>			
<b>200m (i)</b>			
<b>800m</b>			
<b>800m (i)</b>			
<b>1500m</b>			
<b>75m Hurdles</b>			
<b>60m H (i)</b>			
<b>Pole Vault</b>			
<b>High Jump</b>			
<b>Long Jump</b>	<b>Nora Szekely</b>	<b>3.87</b>	<b>2026</b>
<b>Shot Putt</b>	<b>Rosie Carters</b>	<b>5.80</b>	<b>2026</b>
<b>Shot (i)</b>			
<b>Discus</b>			
<b>Javelin</b>			
<b>Triple Jump</b>			
<b>Hammer</b>			
<b>Pentathlon</b>			
<b>Under 16 Boys</b>			
<b>60m (i)</b>			
<b>100m</b>			
<b>200m</b>			
<b>200m (i)</b>			
<b>300m</b>			
<b>800m</b>			
<b>800m (i)</b>			
<b>1500m</b>			
<b>3000m</b>			
<b>1500m St/Ch</b>			
<b>60m H (i)</b>			
<b>100m Hurdles</b>			
<b>High Jump</b>			

<b>High Jump (i)</b>			
<b>Long Jump</b>			
<b>Long Jump (i)</b>			
<b>Triple Jump</b>			
<b>Shot Putt</b>			
<b>Shot (i)</b>			
<b>Discus</b>			
<b>Javelin</b>			
<b>Hammer</b>			
<b>Pole Vault</b>			
<b>Pentathlon</b>			
<b>Under 16 Girls</b>			
<b>60m (i)</b>			
<b>100m</b>	<b>Holly Bryning</b>	<b>13.22</b>	<b>2026</b>
<b>200m</b>	<b>Rosie Bagnall</b>	<b>29.17</b>	<b>2026</b>
<b>200m (i)</b>			
<b>300m</b>			
<b>800m</b>			
<b>800m (i)</b>			
<b>1500m</b>			
<b>80m Hurdles</b>			
<b>60m H (i)</b>			
<b>Pole Vault</b>			
<b>High Jump</b>			
<b>Long Jump</b>	<b>Leah Poole</b>	<b>4.24</b>	<b>2026</b>
<b>Shot Putt</b>	<b>Jess Downes</b>	<b>7.69</b>	<b>2026</b>
<b>Shot (i)</b>			
<b>Discus</b>			
<b>Javelin</b>			
<b>Triple Jump</b>			
<b>Hammer</b>			
<b>Pentathlon</b>			
<b>Under 18 Men</b>			
<b>60m (i)</b>			
<b>100m</b>			
<b>200m</b>			
<b>400m</b>			
<b>400m (i)</b>			
<b>800m</b>			
<b>800m (i)</b>			
<b>1500m</b>			
<b>1500m (i)</b>			
<b>3000m</b>			
<b>1500m St/Ch</b>			
<b>60m H (i)</b>			
<b>110m Hurdles</b>			
<b>400m Hurdles</b>			
<b>High Jump</b>			
<b>High Jump (i)</b>			
<b>Long Jump</b>			

<b>Long Jump (i)</b>			
<b>Triple Jump</b>			
<b>Shot Putt</b>			
<b>Shot (i)</b>			
<b>Discus</b>			
<b>Javelin</b>			
<b>Pole Vault</b>			
<b>Pole Vault (i)</b>			
<b>Hammer</b>			
<b>Octathlon</b>			
<b>Decathlon</b>			
<b>Under 18 Ladies</b>			
<b>60m (i)</b>			
<b>100m</b>			
<b>200m</b>			
<b>200m (i)</b>			
<b>400m</b>	<b>Tallie Sze</b>	<b>63.17</b>	<b>2026</b>
<b>400m (i)</b>			
<b>800m</b>			
<b>800m (i)</b>			
<b>1500m</b>			
<b>1500m (i)</b>			
<b>3000m</b>			
<b>60m H (i)</b>			
<b>100m Hurdles</b>			
<b>400m Hurdles</b>			
<b>High Jump</b>			
<b>Long Jump</b>	<b>Tallie Sze</b>	<b>5.12</b>	<b>2026</b>
<b>Triple Jump</b>			
<b>Shot Putt</b>			
<b>Discus</b>			
<b>Javelin</b>			
<b>Pole Vault</b>			
<b>Hammer</b>			
<b>Under 20 Men</b>			
<b>60m (i)</b>	<b>J. Gladman</b>	<b>6.99</b>	<b>2012</b>
<b>100m</b>	<b>H. Thomas</b>	<b>10.5</b>	<b>1981</b>
<b>200m</b>	<b>J. Harrison</b>	<b>21.6</b>	<b>1966</b>
<b>400m</b>	<b>J. Harrison</b>	<b>49.1</b>	<b>1966</b>
<b>400m (i)</b>	<b>T. Baines</b>	<b>48.96</b>	<b>2018</b>
<b>800m</b>	<b>B. Green</b>	<b>1.49.14</b>	<b>2005</b>
<b>800m (i)</b>	<b>B. Green</b>	<b>1.51.54</b>	<b>2005</b>
<b>1500m</b>	<b>H. Ellis</b>	<b>3.43.91</b>	<b>2010</b>
<b>1500m (i)</b>	<b>S. Broadhurst</b>	<b>3.55.89</b>	<b>2009</b>
<b>3000m</b>	<b>N. Rimmer</b>	<b>8.12.2</b>	<b>1981</b>
<b>3000m (i)</b>	<b>H. Ellis</b>	<b>8.23.85</b>	<b>2010</b>
<b>5000m</b>	<b>N. Rimmer</b>	<b>14.19.5</b>	<b>1981</b>
<b>2000m St/Ch</b>	<b>A. Green</b>	<b>5.42.6</b>	<b>1981</b>
<b>3000m St/Ch</b>	<b>S. Kefford</b>	<b>8.54.15</b>	<b>1992</b>
<b>60m H (i)</b>	<b>L. Shaw</b>	<b>7.93</b>	<b>2025</b>

<b>110m Hurdles</b>	<b>J. Gladman</b>	<b>13.3</b>	<b>2012</b>
<b>400m Hurdles</b>	<b>J. Webster</b>	<b>52.81</b>	<b>2013</b>
<b>High Jump</b>	<b>A. Jones</b>	<b>1.98m</b>	<b>1980</b>
<b>Long Jump</b>	<b>J. Browne</b>	<b>6.76m</b>	<b>1980</b>
<b>Triple Jump</b>	<b>J. Browne</b>	<b>15.0m</b>	<b>1980</b>
<b>Shot Putt</b>	<b>J. Nicholls</b>	<b>12.58m</b>	<b>1979</b>
<b>Discus</b>	<b>A. Emmerson</b>	<b>42.22m</b>	<b>1980</b>
<b>Javelin</b>	<b>K. Stoll</b>	<b>57.8m</b>	<b>1977</b>
<b>Pole Vault</b>	<b>A. Wort</b>	<b>4.25m</b>	<b>2012</b>
<b>Hammer</b>	<b>R. Bate</b>	<b>50.90m</b>	<b>2001</b>
<b>Under 20 Ladies</b>			
<b>60m (i)</b>	<b>H. Darbyshire</b>	<b>8.27</b>	<b>2008</b>
<b>100m</b>	<b>M. Probert</b>	<b>12.1</b>	<b>1974</b>
<b>200m</b>	<b>M. Probert</b>	<b>24.5</b>	<b>1975</b>
<b>200m (i)</b>	<b>A. Fitzpatrick</b>	<b>26.8</b>	<b>2010</b>
<b>400m</b>	<b>C. McAulay</b>	<b>55.66</b>	<b>2015</b>
<b>400m (i)</b>	<b>A. Fitzpatrick</b>	<b>57.06</b>	<b>2010</b>
<b>800m</b>	<b>C. McAulay</b>	<b>2.05.18</b>	<b>2015</b>
<b>800m (i)</b>	<b>C. McAulay</b>	<b>2.07.42</b>	<b>2016</b>
<b>1500m</b>	<b>H. Knowles-Jones</b>	<b>4.18.38</b>	<b>2215</b>
<b>1500m (i)</b>	<b>K. Lowery</b>	<b>4.32.47</b>	<b>2018</b>
<b>3000m</b>	<b>H. Knowles-Jones</b>	<b>0.00620463</b>	<b>2017</b>
<b>3000m (i)</b>	<b>A. Talbot</b>	<b>10.30.47</b>	<b>2009</b>
<b>1500m St/Ch</b>	<b>A. Talbot</b>	<b>5.08.36</b>	<b>2009</b>
<b>2000m St/Ch</b>	<b>A. Talbot</b>	<b>7.08.55</b>	<b>2009</b>
<b>400m Hurdles</b>	<b>J. Booth</b>	<b>61.7</b>	<b>1982</b>
<b>High Jump</b>			
<b>Long Jump</b>	<b>S. Rowlinson</b>	<b>4.44m</b>	<b>2023</b>
<b>Triple Jump</b>	<b>L. Woodward</b>	<b>10.39m</b>	<b>2004</b>
<b>Shot Putt</b>			
<b>Discus</b>			
<b>Javelin</b>	<b>C. Warrington</b>	<b>35.31m</b>	<b>2000</b>
<b>Hammer</b>	<b>C. Irons</b>	<b>16.45m</b>	<b>2001</b>
<b>Senior Men</b>			
<b>60m (i)</b>	<b>C. Meakin</b>	<b>7.00</b>	<b>2018</b>
<b>100m</b>	<b>J. Harrison</b>	<b>10.5</b>	<b>1969</b>
<b>100m</b>	<b>H. Thomas</b>	<b>10.5</b>	<b>1981</b>
<b>200m</b>	<b>J. Gladman</b>	<b>20.8</b>	<b>2013</b>
<b>200m (i)</b>	<b>J. Gladman</b>	<b>21.59</b>	<b>2018</b>
<b>400m</b>	<b>B. Green</b>	<b>48.44</b>	<b>2007</b>
<b>400m (i)</b>	<b>J. Gladman</b>	<b>47.95</b>	<b>2018</b>
<b>800m</b>	<b>B. Green</b>	<b>1.47.47</b>	<b>2006</b>
<b>800m (i)</b>	<b>B. Green</b>	<b>1.50.90</b>	<b>2009</b>
<b>1500m</b>	<b>A. Green</b>	<b>3.42.6</b>	<b>1986</b>
<b>1500m (i)</b>	<b>B. Green</b>	<b>3.49.18</b>	<b>2008</b>
<b>1 Mile</b>	<b>A. Green</b>	<b>4.00.05</b>	<b>1986</b>
<b>3000m</b>	<b>A. Green</b>	<b>7.57.67</b>	<b>1987</b>
<b>3000m (i)</b>	<b>H. Ellis</b>	<b>8.28.83</b>	<b>2012</b>
<b>5000m</b>	<b>A. Green</b>	<b>14.01.45</b>	<b>1987</b>
<b>10000m</b>	<b>A. Green</b>	<b>29:13</b>	<b>1988</b>

<b>3000m St/Ch</b>	<b>S. Kefford</b>	<b>8.54.15</b>	<b>1992</b>
<b>60m H (i)</b>	<b>J. Gladman</b>	<b>7.88</b>	<b>2015</b>
<b>110m Hurdles</b>	<b>J. Gladman</b>	<b>14.14</b>	<b>2012</b>
<b>400m Hurdles</b>	<b>H. Robinson</b>	<b>51.6</b>	<b>1975</b>
<b>High Jump</b>	<b>A. Jones</b>	<b>2.00m</b>	<b>1982</b>
<b>High Jump (i)</b>	<b>A. Wort</b>	<b>1.75m</b>	<b>2013</b>
<b>Long Jump</b>	<b>M. Massey</b>	<b>6.93m</b>	<b>1971</b>
<b>Long Jump (i)</b>	<b>W. Czaja</b>	<b>6.21m</b>	<b>2008</b>
<b>Triple Jump</b>	<b>J. Browne</b>	<b>15.0m</b>	<b>1980</b>
<b>Shot Putt</b>	<b>J. Nicholls</b>	<b>15.97m</b>	<b>1999</b>
<b>Shot (i)</b>	<b>A. Wort</b>	<b>11.09</b>	<b>2013</b>
<b>Discus</b>	<b>T. Lewis</b>	<b>44.67m</b>	<b>1958</b>
<b>Javelin</b>	<b>D. Greta</b>	<b>62.05m</b>	<b>2005</b>
<b>Hammer</b>	<b>J. Nicholls</b>	<b>42.3m</b>	<b>1999</b>
<b>Pole Vault</b>	<b>A. Wort</b>	<b>4.25m</b>	<b>2012</b>
<b>Pole Vault (i)</b>	<b>A. Wort</b>	<b>3.95m</b>	<b>2013</b>
<b>Decathlon</b>	<b>A. Wort</b>	<b>6346 pts</b>	<b>2014</b>
<b>Senior Ladies</b>			
<b>60m (i)</b>	<b>J. Hicken</b>	<b>9.35</b>	<b>2018</b>
<b>100m</b>	<b>L. Hampson</b>	<b>11.9</b>	<b>1975</b>
<b>200m</b>	<b>M. Probert</b>	<b>24.5</b>	<b>1975</b>
<b>200m (i)</b>	<b>J. Hicken</b>	<b>31.28</b>	<b>2014</b>
<b>400m</b>	<b>C. McAulay</b>	<b>55.66</b>	<b>2015</b>
<b>400m (i)</b>	<b>J. Hicken</b>	<b>75.18</b>	
<b>800m</b>	<b>C. McAulay</b>	<b>2.05.18</b>	<b>2015</b>
<b>1500m</b>	<b>H. Knowles-Jones</b>	<b>4.18.38</b>	<b>2015</b>
<b>3000m</b>	<b>S. Rigg</b>	<b>9.07.3</b>	<b>1993</b>
<b>3000m (i)</b>	<b>A. Talbot</b>	<b>10.17.23</b>	<b>2012</b>
<b>5000m</b>	<b>S. Rigg</b>	<b>15.56.83</b>	<b>1994</b>
<b>10000m</b>	<b>S. Rigg</b>	<b>32.44.06</b>	<b>1993</b>
<b>2000m St/Ch</b>	<b>A. Talbot</b>	<b>7.08.55</b>	<b>2009</b>
<b>100m Hurdles</b>	<b>R. Hardy</b>	<b>14.73</b>	<b>2023</b>
<b>200m Hurdles</b>	<b>L. Halliday</b>	<b>31.25</b>	<b>2025</b>
<b>400m Hurdles</b>	<b>J. Booth</b>	<b>61.7</b>	<b>1980</b>
<b>High Jump</b>	<b>S. Hesp</b>	<b>1.69m</b>	<b>1977</b>
<b>Long Jump</b>	<b>L. Waywell</b>	<b>5.61m</b>	<b>1973</b>
<b>Shot Putt</b>	<b>S. Cole</b>	<b>11.45m</b>	<b>1961</b>
<b>Discus</b>	<b>L. Sproston</b>	<b>35.87m</b>	<b>1961</b>
<b>Javelin</b>	<b>E. Austin</b>	<b>40.74m</b>	<b>1997</b>
<b>Hammer</b>	<b>C. Irons</b>	<b>22.25m</b>	<b>2004</b>
<b>Male Road Running</b>			
<b>5mk</b>	<b>B.Quinton</b>	<b>14:27</b>	<b>2024</b>
<b>10km</b>	<b>B.Quinton</b>	<b>29:37</b>	<b>2024</b>
<b>10 Miles</b>	<b>A. Green</b>	<b>47:47</b>	<b>1993</b>
<b>15 Miles</b>	<b>R. Wood</b>	<b>76:14</b>	<b>1970</b>
<b>20 Miles</b>	<b>B. Quennell</b>	<b>0.077291667</b>	<b>1966</b>
<b>Half Marathon</b>	<b>A. Green</b>	<b>0.043611111</b>	<b>1993</b>
<b>Marathon</b>	<b>A. Green</b>	<b>0.091689815</b>	<b>1993</b>
<b>Female Road Running</b>			
<b>5km</b>	<b>S. Rigg</b>	<b>0.647222222</b>	<b>1994</b>

10km	S. Rigg	1.461805556	1992
10 Miles	S. Rigg	53:42	1993
Half Marathon	S. Rigg	0.050081019	1993
Marathon	S. Rigg	0.1071875	1995
<b>Vets Women 35-39</b>			
100m	F. Lawton	16.2	2024
200m	F. Lawton	34.3	2023
400m	K. Crossley	66.3	2015
800m	K. Crossley	2.33.7	2015
3000m	E. Pryor	12.45.3	2017
5000m	K. Crossley	21.34	2015
10000m	K. Crossley	42.55	2015
Half Marathon	K. Crossley	1.39.34	2018
Marathon	S. Anderson	3.16.52	2008
Long Jump	K. Crossley	4.11m	2015
Shot	K. Crossley	7.33m	2017
Javelin	K. Crossley	29.39m	2015
Discus	K. Crossley	19.80m	2015
<b>Vets Men 35-39</b>			
100m	G. Douglas	12.7	2014
200m	G. Douglas	26.3	2014
400m	M. Jones	54.3	2006
1500m	P. Dodsworth	4.27.6	2008
5000m	N. Jones	15.49.9	2014
10000m	N. Jones	32.19.83	2014
Short Hurdles	N. Petley	17.4	2006
Half Marathon	A. Timmins	1.12.58	2005
Marathon	A. Timmins	2.38.51	2005
Shot	M. Pendlebury	13.32m	2012
Javelin	K. Lavelle	48.01m	2012
Discus	M. Pendlebury	39.69m	2012
5km (Road)	N. Jones	15.58	2014
10km (Road)	N. Jones	32.23	2014
<b>Vets Women 40-44</b>			
200m	C. Andrew	36.2	2023
400m	L. Dodsworth	97.4	2001
800m	L. Blizzard	2.58.5	2018
1500m	C. Andrew	5.33.5	2023
3000m	C. Andrew	0.00784375	2022
Half Marathon	L. Blizzard	1.30.32	2018
Shot	J. Chamun	6.34m	2018
Javelin	J. Chamun	19.16m	2018
Discus	J. Chamun	13.44m	2018
Hammer	J. Chamun	15.10m	2017
5km (Road)	L. Blizzard	19.40	2018
10km (Road)	L. Blizzard	41.25	2018
Long Jump	J. Chamun	3.04m	2019
<b>Vets Men 40-44</b>			
100m	M. Metcalfe	13.3	2018
400m	P. Knowles	50.68	2000

<b>800m</b>	<b>N. Jones</b>	<b>2.11.0</b>	<b>2016</b>
<b>3000m</b>	<b>N. Jones</b>	<b>9.21.84</b>	<b>2015</b>
<b>5000m</b>	<b>N. Jones</b>	<b>15.49.9</b>	<b>2014</b>
<b>10000m</b>	<b>M. Girvan</b>	<b>31.17.0</b>	<b>1997</b>
<b>Short Hurdles</b>	<b>A. Archdeacon</b>	<b>17.4</b>	<b>2006</b>
<b>Long Hurdles</b>	<b>A. Archdeacon</b>	<b>58.83</b>	<b>2005</b>
<b>10 miles</b>	<b>M. Girvan</b>	<b>50.24</b>	<b>1996</b>
<b>Half Marathon</b>	<b>M. Girvan</b>	<b>1.07.19</b>	<b>1997</b>
<b>Marathon</b>	<b>A. Timmins</b>	<b>2.39.20</b>	<b>2010</b>
<b>Long Jump</b>	<b>N. Petley</b>	<b>5.24m</b>	<b>2012</b>
<b>High Jump</b>	<b>N. Petley</b>	<b>1.57m</b>	<b>2010</b>
<b>Triple Jump</b>	<b>N. Petley</b>	<b>11.07m</b>	<b>2012</b>
<b>Shot</b>	<b>C. Wells</b>	<b>7.56m</b>	<b>2010</b>
<b>Javelin</b>	<b>C. Wells</b>	<b>30.27m</b>	<b>2010</b>
<b>Discus</b>	<b>C. Wells</b>	<b>22.04m</b>	<b>2010</b>
<b>Pole Vault</b>	<b>C. Wells</b>	<b>2.40m</b>	<b>2010</b>
<b>Hammer</b>	<b>C. Wells</b>	<b>19.53m</b>	<b>2010</b>
<b>5km (Road)</b>	<b>N. Jones</b>	<b>15.26</b>	<b>2018</b>
<b>10km (Road)</b>	<b>N. Jones</b>	<b>31.55</b>	<b>2018</b>
<b>Vets Women 45-49</b>			
<b>100m</b>	<b>K. Greenfield</b>	<b>16.3</b>	<b>2010</b>
<b>200m</b>	<b>J. Hicken</b>	<b>32.3</b>	<b>2011</b>
<b>400m</b>	<b>J. Hicken</b>	<b>69.3</b>	<b>2011</b>
<b>800m</b>	<b>K. Greenfield</b>	<b>3.30.2</b>	<b>2010</b>
<b>Half Marathon</b>	<b>J. Robbins</b>	<b>1.42.01</b>	<b>2019</b>
<b>Long Jump</b>	<b>K. Greenfield</b>	<b>2.69m</b>	<b>2010</b>
<b>Shot</b>	<b>J. Hicken</b>	<b>6.74m</b>	<b>2011</b>
<b>Javelin</b>	<b>J. Hicken</b>	<b>10.29m</b>	<b>2011</b>
<b>Discus</b>	<b>J. Hicken</b>	<b>19.8m</b>	<b>2010</b>
<b>Hammer</b>	<b>J. Hicken</b>	<b>13.77m</b>	<b>2010</b>
<b>5km (Road)</b>	<b>J. Robbins</b>	<b>21.23</b>	<b>2019</b>
<b>10km (Road)</b>	<b>A. Roberts</b>	<b>41.06</b>	<b>2025</b>
<b>5000m</b>	<b>J. Robbins</b>	<b>21.51</b>	<b>2019</b>
<b>Vets Men 45-49</b>			
<b>60m (i)</b>	<b>N. Petley</b>	<b>8.67</b>	<b>2014</b>
<b>100m</b>	<b>P. Knowles</b>	<b>11.87</b>	<b>2005</b>
<b>200m</b>	<b>P. Knowles</b>	<b>24.89</b>	<b>2006</b>
<b>200m</b>	<b>P. Knowles</b>	<b>54.27</b>	<b>2005</b>
<b>3000m</b>	<b>M. Girvan</b>	<b>8.53.75</b>	<b>2000</b>
<b>5000m</b>	<b>T. McCarthy</b>	<b>18.08.4</b>	<b>2008</b>
<b>60m H (i)</b>	<b>N. Petley</b>	<b>19.71</b>	<b>2014</b>
<b>110m Hurdles</b>	<b>N. Petley</b>	<b>19.7</b>	<b>2013</b>
<b>400m Hurdles</b>	<b>N. Petley</b>	<b>71.88</b>	<b>2015</b>
<b>10 Miles</b>	<b>A. Green</b>	<b>56.57</b>	<b>2011</b>
<b>Half Marathon</b>	<b>G. Green</b>	<b>1.11.37</b>	<b>2015</b>
<b>Marathon</b>	<b>A. Green</b>	<b>2.43.03</b>	<b>2011</b>
<b>Long Jump</b>	<b>N. Petley</b>	<b>4.90m</b>	<b>2013</b>
<b>Long Jump (i)</b>	<b>N. Petley</b>	<b>4.96m</b>	<b>2014</b>
<b>High Jump</b>	<b>N. Petley</b>	<b>1.45m</b>	<b>2013</b>
<b>High Jump (i)</b>	<b>N. Petley</b>	<b>1.41m</b>	<b>2017</b>

Triple Jump	N. Petley	10.62m	2013
Shot	C. Wells	7.86m	2012
Javelin	C. Wells	27.71m	2011
Discus	C. Wells	21.27m	2011
Pole Vault	C. Wells	2.5m	2011
Hammer	C. Wells	20.96m	2012
5km (Road)	A. Green	16.58	2012
10km (Road)	A. Green	33.48	2012
<b>Vets Women 50-54</b>			
60m (i)	J. Hicken	9.38	2014
100m	J. Hicken	14.7	2014
200m	J. Hicken	30.58	2014
200m (i)	J. Hicken	31.28	2014
400m	J. Hicken	71.26	2014
400m	J. Hicken	75.18	2014
Half Marathon	C. Jackson	2.02.34	2013
High Jump	L. Dykes	1.10m	2018
Shot	J. Hicken	6.17m	2014
Discus	J. Hicken	13.82m	2014
Long Jump	J. Schofield	2.10m	2019
Javelin	J. Schofield	8.44m	2019
3000m	A. Gregory	12.56.7	2023
5km (Road)	A. Gregory	0.940277778	2023
<b>Vets Men 50-54</b>			
60m (i)	P. Corker	8.62	2019
100m	P. Corker	13.4	2019
200m (i)	P. Corker	28.63	2019
800m	D. Newman	2.20.0	2018
1500m	D. Newman	4.50.2	2018
3000m	G. Green	9.09.9	2018
5000m	S. Watmough	17.36.6	2012
10000m	M. Ward	39.07.8	2009
60m H (i)	N. Petley	10.12	2019
100m Hurdles	N. Petley	16.45	2018
10 Miles	A. Green	55.45	2014
Half Marathon	A. Green	1.11.10	2015
Marathon	G. Green	2.31.56	2015
Long Jump	N. Petley	4.75m	2018
High Jump	N. Petley	1.45m	2018
Triple Jump	N. Petley	9.98m	2018
5km (Road)	A. Green	15.30	2013
10km (Road)	A. Green	31.35	2015
<b>Vets Women 55-59</b>			
60m (i)	J. Hicken	9.35	2018
100m	J. Hicken	15.11	2018
200m	J. Hicken	31.48	2018
200m (i)	J. Hicken	31.86	2018
400m	J. Hicken	75.89	2018
400m (i)	J. Hicken	79.32	2018
Long Hurdles	J. Hicken	62.22	2018

<b>Vets Men 55-59</b>			
100m	P. Knowles	13.1	2018
200m	P. Knowles	27.5	2018
200m (i)	P. Knowles	27.7	2018
400m	D. Gill	64.88	2015
800m	D. Gill	2.23.17	2015
1500m	D. Gill	4.59.97	2015
1500m (i)	D. Gill	5.09.64	2017
3000m	S. Watmough	9.53.38	2018
5000m	S. Watmough	17.01.4	2018
10000m	S. Watmough	35.51	2018
Short Hurdles	N. Petley	19.85	2024
Long Hurdles	D. Gill	79.82	2017
10 Miles	S. Watmough	57.39	2018
Half Marathon	S. Watmough	1.16.28	2019
Marathon	S. Watmough	2.40.39	2019
Shot	D. Gill	6.43m	2018
5km (Road)	A. Green	16.00	2018
10km (Road)	S. Watmough	34.06	2019
<b>Vets Women 60-64</b>			
60m (i)	J. Hicken	9.12	2026
100m	J. Hicken	14.42	2025
200m	J. Hicken	29.98	2025
200m (i)	J. Hicken	30.28	2025
400m	J. Hicken	73.85	2024
<b>Vets Men 60-64</b>			
100m	D. Gill	14.75	2018
200m	D. Gill	29.56	2018
400m (i)	D. Gill	65.92	2018
800m	D. Gill	2.35.23	2018
1500m (i)	D. Gill	5.10.28	2018
5000m	D. Gill	19.14.5	2018
10 Miles	D. Gill	1.03.36	2018
Half Marathon	S. Watmough	1.16.43	2022
Marathon	M. Ward	3.26.35	2017
Long Jump	D. Gill	3.41m	2018
Triple Jump	D. Gill	7.58m	2018
Shot	D. Spencer	6.49m	2011
Javelin	D. Spencer	22.73m	2010
Discus	D. Specer	17.47m	2011
Hammer	D. Spencer	16.55m	2011
10km (Road)	S. Watmough	35.17	2022
<b>Vets Women 65+</b>			
<b>Vets Men 65+</b>			
Shot	D. Spencer	6.31m	2016
Javelin	D. Spencer	17.31m	2015
Discus	D. Spencer	15.33m	2015
Hammer	D. Spencer	15.04m	2017
Half Marathon	M. Ward	1.28.21	2020

